

# Community Service Programs of West Alabama, Inc.

Annual Report FY 2016 FY 2017













Chairman/Commissioner Bobby Miller 25 + Years of Service to CSP



# Tribute to Bobby Miller

The year 2016 did not start off well for CSP. On January 29, 2016, we lost our beloved Chairman of the Board, Bobby Miller. There are so many things that we miss about Commissioner Miller, but at the top of that list is how much he cared for and contributed to this agency. He celebrated and cheered us on when the funding environment and outcome production was positive and uplifted our spirits when it looked like resources would be cut, thereby making staffing even more difficult. His legacy is his service to us, his constituents and the overall community. If service is indeed the measure of a person, then Bobby Miller was truly one of the greats—he endeavored to make a positive impact on all the lives he touched. He succeeded with us here

at CSP as he left the agency in better shape than it was when he first became Chairman.

We will continue to serve our low-income and vulnerable populations with the spirit and commitment with which Bobby Miller steered us in fulfilling our mission. WE MISS YOU, COMMISSIONER/CHAIRMAN BOBBY!

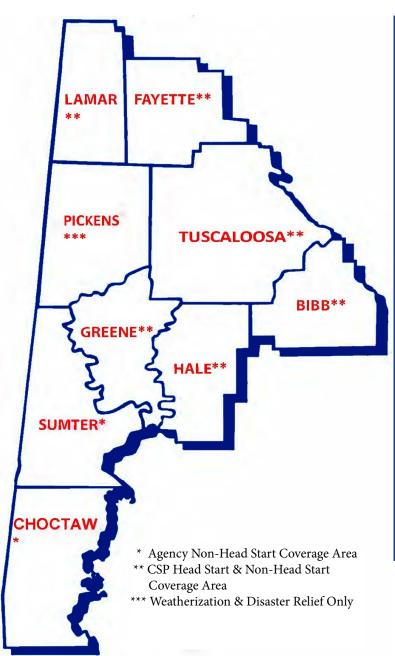
Freddie Washington, Jr. Board Chairman Cynthia W. Burton Executive Director

# Additional Memoriam

Exactly 30 days following the passing of Chairman Miller, we also lost our Meals on Wheels (MOW) Director, Sharon Carey. Sharon had succeeded our long-time MOW Director, Jane Drewry. She picked up the mantle of the program as Ms. Drewry had trained her and increased volunteer participation, as well as helped to improve the quality of our meals. Several of our program participants and community supporters have made donations to the program in honor of Sharon. Rest in peace!

The Board, Management and Staff CSP of West Alabama

# **CSP Service Area and Board Members**



<b>Board Member</b>	County
Lynne Cephus	Tuscaloosa
Debra Clark	Sumter
JoAnn Craighead	Bibb
Kevin Dixon	Lamar
Mary Hodge	Hale
Johnnie Knott	Greene
Ron Mason	Chactaw
Ray Nelson	Fayette
Beverly Nickerson	Tuscaloosa
Ottice Russelle	Sumter
Bobby Singleton	Hale
Karen Thompson	Tuscaloosa
Jerry Tingle	Tuscaloosa
Nick Underwood	Greene
Freddie Washington	Tuscaloosa

#### **Mission Statement**

Community Service Programs of West Alabama, Inc. (CSP) provides resources and services which resolve immediate needs and lead to long-term self-sufficiency for low-income and vulnerable populations

#### **Vision Statement**

CSP constituents have reduced barriers and increased potential to become self-sufficient.

# Services and Programs Offered

#### Housing

**New Construction** 

Single Family Homes

Multi-Family Dwellings

Housing Rehabilitation

Weatherization

Pre-Weatherization

Housing Preservation

#### **Property Management**

Rental Units - Apartments Lease/Purchase Housing

#### **Counseling Activities**

Housing Education/Group Workshops

Pre-purchase Homebuyer Counseling

Foreclosure Prevention

Home Maintenance and Financial Management

Locating, Securing or Maintaining Residence in Rental Housing

Individual Counseling



## **Supportive Services**

Food Referrals

Food Distribution

(includes Meals on Wheels &

Mobile Food Pantries)

**Energy Assistance** 

Regular

Crisis

Job Coaching/Life Skills Training

**Employment Placement** 

Information and Referral Calls

Disaster Recovery

## **Education**

## **Head Start/Early Head Start**

Children 0 - 5 years old Families

**Expectant Mothers** 

## **Early Intervention**

Children 0-3 years old with disabilities Families

High Risk Clinic (Screenings)

# Client Characteristics 2016

Name of Agency Report: Community Service Alabama, Inc.	e Programs of West	11. Other Characteristics Yes	Number of Persons* No Total
2a. Total Non CSBG Resources Reported:	\$15,144,971.61	<ul><li>a. Health Insurance</li><li>b. Disabled</li></ul>	
2b. Total amount of CSBG Funds allocated:	\$920,433.00	12. Family Type a. Single Parent Female	Number of Families***  1,974
Total Resources for FY 2015 (2a + 2b):	\$16,065,404.61	<ul><li>b. Single Parent Male</li><li>c. Two Parent Household</li><li>d. Single Person</li></ul>	66 203 4,576
3. Total unduplicated number of persons about characteristics were obtained:	whom one or more 14,075	e. Two Adults - NO Children f. Other TOTAL	507 389 7,715
4. Total unduplicated number of persons about were obtained:	who no characteristics 1,627	13. Family Size a. One	Number of Families*** 4,599
5. Total unduplicated number of families about characteristics were obtained:	whom one or more 7,717	<ul><li>b. Two</li><li>c. Three</li><li>d. Four</li><li>e. Five</li></ul>	1,371 842 523 251
Total unduplicated number of families about tics were obtained:	635	f. Six g. Seven h. Eight or more	78 37 16
7. Gender a. Male b. Female TOTAL*	Number of persons*  4,797  9,270  14,067	TOTAL***  14. Source of Family Income a. Unduplicated # Families Reporting	7,717 Number of Families
8. Age a. 0 - 5 b. 6 - 11 c. 12 - 17 d. 18 - 23 e. 24 - 44 f. 45 - 54 g. 55 - 69 h. 70+ TOTAL*	Number of persons*  1,285 1,678 1,622 832 1,449 2,917 1,719 14,075	One or more sources of income b. Unduplicated # Families Reporting Zero Income  TOTAL Unduplicated # Families Reportin Income or Zero Income.***  c. TANF d. SSI e. Social Security f. Pension	7,645  96 2,466 4,315 289
<ul><li>9. Ethnicity/Race</li><li>a. Hispanic or Latino</li><li>b. Not Hispanic or Latino</li><li>TOTAL*</li></ul>	Number of persons*	g. General Assistance h. Unemployment Insurance i. Employment + Other Source j. Employment Only k. Other TOTAL***	3 75 295 848 697 9,084
RACE a. White b. Black or African American c. American Indian and Alaska Native d. Asian e. Native Hawaiian and Other Pacific Islander f. Other g. Multi-Race (any two or more of the above) TOTAL*  10. Education Levels of Adults (# For Adults 24 Years of Older Only) a. 0 - 8 b. 9-12/Non-Graduate c. High School Graduate/GED d. 12+ Some Post Secondary e. 2 or 4 year College Graduate TOTAL*	2,144 11,781 9 2 1 17 113 14,067 30 3,573 3,538 440 737 8,318	15. Level of Family Income (% Of HHS Guideline) a. Up to 50% b. 51% to 75% c. 76% to 100% d. 101% to 125% e. 126% to 150% f. 151% to 175% g. 176% to 200% h. 201% and over TOTAL***  16. Housing a. Own b. Rent c. Homeless d. Other TOTAL****	Number of Families***

# **Client Characteristics 2017**

Name of Agency Report: Community Service Alabama, Inc.	e Programs of West	11. Other Characteristics Yes	Number of Persons* No Total
2a. Total Non CSBG Resources Reported:	\$15,236,221.55	<ul><li>a. Health Insurance</li><li>b. Disabled</li></ul>	
2b. Total amount of CSBG Funds allocated:	\$911,613.00	12. Family Type a. Single Parent Female	Number of Families***
Total Resources for FY 2015 (2a + 2b):	\$16,147,834.55	b. Single Parent Male     c. Two Parent Household     d. Single Person	67 158 4,474
Total unduplicated number of persons abour characteristics were obtained:	t whom one or more	e. Two Adults - NO Children f. Other TOTAL	493 406 7,584
4. Total unduplicated number of persons about were obtained:	who no characteristics	13. Family Size a. One	Number of Families*** 4,639
5. Total unduplicated number of families about characteristics were obtained:	whom one or more 7,584	b. Two c. Three d. Four e. Five	1,280 810 493
6. Total unduplicated number of families about tics were obtained:	whom no characteris-	f. Six g. Seven h. Eight or more	248 76 24
7. Gender a. Male b. Female	Number of persons*  4,503  9,073	TOTAL***	14 7,584 Number of Families
TOTAL*	13,576	<ul><li>14. Source of Family Income</li><li>a. Unduplicated # Families Reporting</li><li>One or more sources of income</li></ul>	7,054
8. Age a. 0 - 5 b. 6 - 11	Number of persons*  1,227 1,617	b. Unduplicated # Families Reporting Zero Income	492
c. 12 - 17 d. 18 - 23 e. 24 - 44	1,561 752 2,498	TOTAL Unduplicated # Families Reporting Income or Zero Income.***	g One or More Sources of 7,546
f. 45 - 54 g. 55 - 69 h. 70+	1,313 2,922	c. TANF d. SSI	93 2,467
TOTAL*	1,695 13,585	e. Social Security     f. Pension     g. General Assistance	4,283 298 0
9. Ethnicity/Race a. Hispanic or Latino b. Not Hispanic or Latino	Number of persons*  91  13,386	N. Unemployment Insurance     Employment + Other Source     Employment Only	77 324 878
TOTAL*  RACE	13,477	k. Other TOTAL***	702 9,122
<ul> <li>a. White</li> <li>b. Black or African American</li> <li>c. American Indian and Alaska Native</li> <li>d. Asian</li> <li>e. Native Hawaiian and Other Pacific Islander</li> <li>f. Other</li> </ul>	1,869 11,565 12 2 1 9	15. Level of Family Income (% Of HHS Guideline) a. Up to 50% b. 51% to 75% c. 76% to 100% d. 101% to 125%	Number of Families***  1,593 2,104 1,973
g. Multi-Race (any two or more of the above) TOTAL*	117 13,575	e. 126% to 150% f. 151% to 175% g. 176% to 200%	1,264 535 76 15
10. Education Levels of Adults (# For Adults 24 Years of Older Only) a. 0 - 8	39	h. 201% and over TOTAL***	7,584
b. 9-12/Non-Graduate c. High School Graduate/GED d. 12+ Some Post Secondary	3,457 3,506 460	16. Housing a. Own b. Rent	Number of Families***  3,357
e. 2 or 4 year College Graduate TOTAL*	717 8,179	c. Homeless d. Other TOTAL***	4,145 7 38 7,547
			7,547

# **Early Intervention**

#### Early Intervention Mission Statement

Early Intervention (EI) is committed to providing quality services for eligible children, birth to three, and their families. The focus of Early Intervention is to train, equip and support parents/caregivers in being the first and best teachers for their children so that when they transition from Early Intervention, they will be able to continue to help their children develop.

#### **Qualifications:**

The Early Intervention Program assists families who have infants and toddlers (birth to three years of age) with developmental needs. Infants or toddlers with a 25% delay in one or more of the following areas of development may qualify for Early Intervention services: motor, adaptive, communication, socialization and cognitive development. A diagnosis that could potentially cause developmental delays, such as cerebral palsy, Down Syndrome, or extreme prematurity can also qualify a child for EI services. Qualification for Early Intervention is solely based on a child's developmental delay/diagnosis and is not based on family income.

#### Family-Centered, Community Based Services

A team of professionals will assist each family with understanding typical development and how their child is likely to develop based on factors which may include a medical diagnosis or delay. Services and home activities are designed to support the child's development. EI services are provided in a location where young children typically would be: home, childcare, playgrounds, etc. and are imbedded into the regular routines and activities of each family.

#### Services may include:

- Assistive technology device and service
- Audiology services
- Family training, counseling, and home visits
- Health services
- Medical services
- Nursing services
- Nutrition services
- Occupational therapy
- Physical therapy
- Psychological services
- Service coordination
- Sign language and cued language services
- Social services
- Special instruction
- Speech-language pathology services
- Transportation and related services
- Vision services

EI providers are all required to meet state of Alabama approved personnel standards.

All services are provided at no cost to families and are funded by the Alabama Department of Rehabilitation Services through a contract with the Alabama Department of Mental Health. EI also bills Medicaid for case management services, eligibility evaluations, and therapy services/family training for eligible children with parent consent.

# **Early Intervention**

#### Service statistics:

The Early Intervention program is contracted to serve 140 children a month. In program years 2016-2017, the Early Intervention program served a total of 225 children/families each year in Bibb, Greene, Hale, Marengo, Pickens, Sumter, and Tuscaloosa Counties.

#### **Early Intervention staff**

Stephanie Covarrubia, Director
Javelin Lewis- Administrative Assistant/Office Manager
Cqshunda Addison - Service Coordinator/Special Instructor
Carla Allen - Service Coordinator/Special Instructor
Sam Burleson-Special Instructor
Marilynn Edwards- Special Instructor\*\*retired January 2017
Amy Fernandez- Service Coordinator/Special Instructor
Michelle Harris - Service Coordinator/Special Instructor \*\*hired February 2017
Devon Scott - Service Coordinator
Venus Washington- Service Coordinator

## **Staff highlight:**

In January 2017, the Early Intervention team celebrated the retirement of Marilynn Edwards, Special Instructor. Marilynn (seated in the middle, wearing the banner) worked with CSP for 25 years, first as a teacher in the Head Start Program and then 23 years as an EI Special Instructor. Many former EI families as well as community partners participated in this celebration. Marilynn's spirit and passion for quality services for all children is greatly missed.



## **Special events/collaborations:**

The CSP Early Intervention Program was selected to be a pilot site for Infant/Early Childhood Mental Health Consultation services with Alabama Project LAUNCH(Linking Actions for Unmet Needs in Children's Health). Mental health consultation is one approach to supporting social and emotional wellbeing in young children and their families. While early childhood mental health approaches support the child within the context of his/her relationship with parents and other primary caregivers, mental health consultation is designed specifically to build the capacity of the provider to support the child within the context of his/her relationships with parents and caregivers. This partnership supports the early intervention team to meet the complex needs of families in promoting the social and emotional development of their children. By

promoting workforce development through joint training efforts and using a model of promotion, intervention, and treatment, the mental health consultants provide a range of supports and services, including consulting with the EI team to enhance their skills to support the family to address the social and emotional development of their child within the context of relationships and supporting reflective supervision practices that recognize the potential stress of engaging in relationship-based practices.

Stephanie Covarrubia, EI Director, participated in a panel at the 2017 Zero to Three Annual Conference in San Diego, CA. The presentation, "Improving Social Emotional Development through Partnerships for Mental Health Consultation in Part C Early Intervention", was based on the LAUNCH collaborations in AL and LA.



# Community Service Programs of West Alabama, Inc.

## STATEMENT OF ACTIVITIES For the Yeat ended September 30, 2016 (with comparative totals for 2015)

			Temporarily		Permanently		Total		Total 9/30/16	
	Unrestricted		Restricted	Restricted			9/30/16	(Memorandum Or		
<b>Support and Revenues</b>										
Contracts and Grants \$	-	\$	14,070.251	\$	25,000	\$	14,095,251	\$	14,280,140	
Local cash revenues	305,761		103,832		-		409,593		466,191	
Local in-kind revenue	-		1,199,065		-		1,199,065		1,522.728	
Rental income	101,930		124,234		-		226,164			
Interest Revenue	19,411		1,984		1,430		22,825	22,672		
Total support and revenues	427,102	_	15,499,366	26.430 15.9			15.952,898	16,497,574		
Expenses										
Salaries and wages	99,609		6,040,463		-		6,140,072		6,663,767	
Fringe Benefits	32,416		1,587,161		-		1,619,577		1,638,238	
Contract Services	8,848		342,456		_		351,304		386,033	
Travel	5,255		168,717		-		173,972	188,656		
Space costs	4,225		279,297		-		283,522		135,653	
Consumable supplies	26,645		459,205		-		485,850		460,419	
Other costs	139,661		6,383,308		-		6,523,369		6,564,130	
Interests	25,697		56,562		-		82,359		82,960	
Bad debt expense	34,771		-		-		34,771		-	
Depreciation	26,511		141,396		-		167,907	199,427		
Total expenses	403,638		15,458,965		-	_	25,862,603		16,319,283	
Increase (decrease) in net assets	23,464		40,401		26,430		90,295		178,291	
Other changes in net assets	-		1,430		(1,430)		-		-	
Net assets - beginning of year	2,162,171		2,342,812		962,684		5,467,667	_	5,289.376	
Net assets - end of year	\$ 2,185,635	\$	2,384,643	\$	987,684	\$	5,557,962	\$	5,467,667	

# Community Service Programs of West Alabama, Inc.

## STATEMENT OF ACTIVITIES Year Ended September 30, 2017

	τ	Unrestricted	Temporarily Restricted	P	Permanently Restricted		Total 9/30/2017
Support and Reveunes							
Contracts and Grants	\$	-	\$ 13,120,509	\$	99,058	\$	13,219,567
Local Cash Revenues		386,851	153,975		-		540,826
Local In-Kind Revenues		-	1,156,527		-		1,156,527
Rental Income		47,586	150,881		-		198,467
Interest Income		18,842	2,564		942		22,348
Total Support and Revenues	_	453,279	14,584,456		100,000		15,137,735
Expenditures							
Salaries and Wages		108,730	4,028,601		-		5,037,331
Fringe Benefits		35,143	1,497,568		-		1,532,711
Contract Services		5,093	82,887		-		87,980
Travel		595	205,691		-		206,286
Space Costs		79,642	365,644		-		445,286
Consumable Supplies		31,130	372,984		-		404,114
Other Costs		71,053	5,753,496		-		5,824,549
Interest		19,136	51,359		-		80,495
Bad Debt Expense		360	-		-		360
Local In-Kind Expenses		-	1,156,527		-		1,156,527
Depreciation Expense		25,894	138,104				163,998
Total Expenditures	_	376,776	14,562,861		-	_	14,939,637
Increast (Decrease) in Net Assets	_	76,503	21,595		100,000		198,098
Transfers In (Out) Between Funds		(292,500)	275,000		17,500		-
Net Assets - Beginning	_	2,185,635	2,384,643		987,684		5,557,962
Net Assets - Ending	\$_	1,969,638	\$ 2,681,238	\$	1,105,184	\$	5,756,060

# Head Start/Early Head Start by the Numbers FY2016 - FY2017

# FY 2015-2016, FY 2016-2017 Annual Head Start Reports Community Service Programs of West Alabama, Inc.

## Freddie L. Washington, Board President Cynthia W. Burton, Executive Director Earnest L. Palmer, Head Start Director http://www.cspwal.com

	FY 2016	FY 2017
Total Funded Head Start/Early Head Start Enrollment	714	714
Head Start Cumulative Enrollment Cumulative Enrollment – Ethnicity and Race	578	578
Hispanic or Latin	0	10
Non-Hispanic		
Black or African American	505	495
White	85	70
Bi-racial Signature of the second sec	33	34
Cumulative Early Head Start Enrollment Ages	136	136
Under 1 year	21	11
1 year old	24	50
2 years old	91	75
Cumulative Early Head Start Enrollment – Ethnicity and Race		
Black or African American	131	111
Bi-racial	7	16
White	15	
Primary Language of Family at Home Head Start		
English	626	599
Spanish	14	2
Hispanic	452	10
English -Early Head Start	153	122
Pre-K Blended Locations		
Bibb	17	17
Greene	0	17

# Head Start/Early Head Start by the Numbers FY2016 - FY2017

Early Head Start-Child Care Partnership Tuscaloosa – Tender Loving Care Fayette- Tiny Tots	0 0	16 8
Sites Providing Transportation Services Tuscaloosa, Bibb, and Lamar Counties	275	142
Number of Site Locations	8	8
Number of Early Head Start Teachers Head Start Early Head Start	117 46	103 40
Total Number of Head Start Classes Total number of Early Head Start Classes	34 17	34 17
Administrative Staff Center Managers Assistant Center Managers Total Policy Council Members Community Service Programs of West Alabama Governing Board	9 8 2 23 15	8 8 2 23 15
Total Head Start Volunteers Number of volunteers	1,444	1,299
Number of Current or Former HS Parents Total Early Head Start Volunteers Number of Current or Former Early Head Start Parent Volunteers	727 269 186	685 373 176
Total Grant Budget Total In-Kind Contributions Total Number of Children Identified with Disabilities (IEP) Average total Monthly Hours of Mental Health Professionals Head Start Children with Continuous and Accessible Dental Care Head Start Children Continuous and Accessible Health Care Head Start Children Up-To-Date Preventive and Primary Health Early Head Start Children Up-To-Date on Preventive and Primary Early Head Start Children with Health Insurance Early Head Start Children Continuous and Accessible Health Care Early Head Start Children continuous and accessible Dental Care Number of Head Start and Early Head Start Families	\$6,358,401 \$1,589,600 66 25 638 638 603 142 153 153 150 751	\$6,556,042 \$1,189,760 58 8 578 611 578 136 141 121 136 712
Number of Agreements with Local Education Agencies	6	6

# **Head Start/Early Head Start**



## Parent, Family, Community Engagement with Head Start/Early Head Start

Four of the eight CSP of West Alabama, Inc. Head Start sites have star ratings under the Quality Rating Improvement System (QRIS), established as a service quality guideline through the Alabama Department of Human Resources, the licensing agency for Head Start/Early Head Start and day care centers. Rated sites include Bibb, Fayette, Moundville, and Greene Counties – the most of any single Grantee in the State of Alabama during the initial rating period.

One of the primary components of the Head Start Act is that of engaging stakeholders in Early Childhood developmental learning. The concept of "It takes a village..." is fundamental in learner success and community empowerment.

CSP Head Start/Early Head Start, which includes six counties, seven communities, eight locations, and 714 children, has strategically engaged community partners in meeting School Readiness goals for children: PNC Bank, University of Alabama Athletic Department and the Fayette Community Foundation.

PNC Bank has underwritten the cost of providing Science and Math experiences for the children through the use of space simulators and technology. Using a virtual space panorama and the volunteerism of bank employees, children were able to experience the mysteries of space at an age-appropriate level, stimulating peer dialogue around the subject matter areas. The cash value was \$8,880 to the program.

Members of the University of Alabama Athletic Department volunteered to read to the children. Subsequently, this collaboration evolved into a landscaping of the Alberta site grounds and painting of several classrooms with a cash value of \$1,540.

The Fayette Community Foundation is based in Fayette, Alabama where there are both Head Start and Early Head Start classrooms. Each year the foundation requests applications and funds projects proposed by Fayette-based non-profits. This year, the Fayette Foundation funded the purchase of materials, classroom supplies and playground equipment in the amount of \$5,000 for the Head Start Program which helped to enhance the activities of the children.

CSP Head Start/Early Head Start continues to develop partnerships with individuals, local businesses and larger corporations to add value to the program. Our program is successful because of the strong community ties and quality curriculum.

## **Nurtured by Nature**

Experiencing nature in its simplest form is part of Early Childhood Development. These experiences can easily be derived from hands-on contact by the children and peer

interaction. Head Start and Early Head Start engage children with nature in a variety of ways.

Head Start centers have collaborated with community partners who come prepared to expand the child's universe of nature. Classes have planted vegetables and flower gardens near the playgrounds. They have been able to see seedlings turn to blossoms and branches sprouting. Family members are encouraged to help their children cultivate the plots of ground in contrast to the concrete of city living.



### **Human Resources**

#### Management Team as of 09/30/2017

Executive Director Cynthia W. Burton

Chief Financial Officer Sandra Fair (2016) Heather Siavelis (2017)

Director of Compliance and Special Projects Sontonia Stephens

Head Start/Early Head Start Director Earnest L. Palmer

> Human Resources Director Victoria Perry

> Early Intervention Director Stephanie Covarrubia

Head Start Parent, Community and Family Engagement Coordinator Alexis Wilson (2017)

> Property, Facilities and Asset Manager Eddie Sides

Housing Rehabilitation Coordinator Monica Eubanks

# For the fiscal year ending September 30, 2016

48 positions filled – 1 unemployed at time of hire 38 Head Start/Early Head Start 10 for other departments, including: Supportive Services (9) Agency administration (1)

Total Employment 195 FTEs Part time staff 34

# For the fiscal year ending September 30, 2017

45 positions filled – 4 unemployed at time of hire 23 Head Start/Early Head Start 11 for other departments, including: Supportive Services (7) Agency administration (3) Housing Counseling (1)

Total Employment 176.5 FTEs Part time staff 29



Community Service Programs of West Alabama, Inc. is one of 21 designation community action agencies in the State of Alabama. Community action agencies are committed to aid individuals and families to attain self-sufficiency as noted in the

#### **COMMUNITY ACTION PROMISE**

Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.



Thanks to our collaborators and partners who aid in carrying out our mission.